



2024 VIRTUAL LEARNING SERIES FOR MATERNAL HEALTH PROFESSIONALS

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February 12, 2024 | 1:00-2:00pm EST
**We PROVIDE Compassionate Care:
Safe Reduction of the Primary Cesarean Rate**

1.0
CNEs

[Access Archive Here](#)
"Virtual Learning Series"

Learn how a hospital was successful in reducing and maintaining their NTSV Cesarean Rate by working with the state Perinatal Quality Collaborative. Small steps of change led to changes in unit culture and providing creative labor support for patients and families. Learn easy tips to introduce with your own team to help to meet the national benchmark of a NTSV Rate <23.6%.

**Nancy Travis, MS, RN,BC, CPN, CBC, C-ONQS,
FAWHONN**

April 23, 2024 | 1:00-2:00pm EDT
**Respect and Compassion as the Essential
Platform for Safe Patient Care**

1.0
CNEs

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With so many initiatives and expectations for birthing centers across the country, no performance improvement plan or safety initiative will be successful without being built on the foundation of Respect and Compassion. Commonly now referred to as the 5th R, the lens of Respect will provide tangible ways to address your national safety initiatives. Don't recreate the wheel, instead join us to explore the many tools already available.

Dixie Weber, MS, BSN, RN

October 10, 2024 | 1:00-2:00pm EDT
Optimal Positioning To Facilitate Vaginal Birth

1.0
CNEs

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The objective of this webinar is to acquaint labor and delivery nurses with the fundamental concept of optimal positioning to facilitate vaginal birth. Our aim is to delve into strategies for addressing prevalent challenges associated with labor dystocia through the strategic positioning of the laboring individual. By optimizing positioning, we aim to enhance pelvic space for the fetus and promote fetal rotation conducive to dilation and descent.

Furthermore, this session will encompass an exploration of practical methods that healthcare staff can employ to acquire and integrate these techniques into their clinical practice effectively.

Kiana Ayers, RN, IBCLC, LCCE & Meka Hall Holdman, CNM

June 14, 2024 | 1:00-2:30pm EDT
**Breaking Through the Stigma of Obesity in
Pregnancy and the Postpartum Period**

1.5
CNE

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This course delves into evidence-based strategies for delivering compassionate care to patients with weight-related health needs. Participants will apply principles of dignified care and respectful support, honing their ability to provide compassionate and person-centered care to individuals with weight-related health concerns.

Elizabeth Rochin Ph.D., RN & Dixie Weber, MS, BSN, RN

August 13, 2024 | 1:00-2:00pm EDT
**The 4th Trimester -Prioritizing
Maternal Mental Health**

1.0
CNEs

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Maternal mental health is a crucial aspect of overall well-being for both mothers/ birthing persons and their children. Addressing the emotional and psychological challenges that birthing persons face during pregnancy and postpartum is essential for fostering a healthy and supportive environment. Let's explore this important topic further.

**Debbie Ketchum DNP, MAOM, RN, NEA-BC, RNC-MNN,
C-EFM, REC-C**

December 4, 2024 | 1:00-2:00pm EDT
Strategies for Providing Neuro-Inclusive Care

1.0
CNEs

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With neurodivergent people experiencing shorter lifespans and more health complications than individuals with the so-called "typical" brain, it is critical that we recognize the ways that stigma and ableism in our healthcare system impact health. In this course, we will explore ways to provide neuro-inclusive care within (and beyond) the perinatal setting – including research on the birth experiences of Autistic people and clinical considerations to support all kinds of brains.

**Mel Houser, MD
Laura Foran Lewis, PhD, RN**

Maternal & Infant Health Leadership Series

Register for free | Earn CNEs/NCPDs*



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#notonmywatch



Enhancing the Dyad Leadership Model

Nancy Travis, MS, RN, BC, CPN, CBC, C-ONQS, FAWHONN

1.0
CNE

Learn about how to successfully navigate a nurse/physician dyad leadership partnership model to achieve optimal results.

This session will include:

- Starting a dyad partnership
- How to navigate leadership with a physician partner
- Project management and results for improving metrics

May 15, 2024
2- 3 PM ET

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As Physiologic as Possible: Promoting NTSV in the Era of the ARRIVE trial

*Rose L. Horton, MSM, RNC-OB, NEA-BC, FAAN
Michelle Pratt DNP, RNC-MNN, C-ONQS*

1.0
CNE

From delivery rooms to boardrooms, the reduction of NTSV cesarean rates is a top priority for nursing leaders. Rising induction rates may make hitting the NTSV target even harder. Do you have the tools it takes to move this metric with your team? Join us for a discussion of the impact of the ARRIVE trial publication on physiological birth rates, how nurses can promote vaginal births for patients who are being induced, and how nurse leaders can advocate for the resources teams need to provide care for this growing population.

July 24, 2024
2- 3 PM ET

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Navigating Joint Commission Levels of Care Designation

Nancy Travis, MS, RN, BC, CPN, CBC, C-ONQS, FAWHONN

Learn about the new Joint Commission Maternal Levels of Care the why, the how, and the successful verification visit. This session will include:

- What is the Joint Commission Levels of Care designation and why would a hospital wish to be achieve designation
- Application process
- Preparing for the verification visit
- Discussion of what happens during the site visit

1.0
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October 16, 2024
2- 3 PM ET

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Wellbeing, the Nurse Leader's Superpower

Rose L. Horton, MSM, RNC-OB, NEA-BC, FAAN

1.0
CNE

There's no better time than the month of December to lean into a conversation about wellbeing. Successful nurse leaders are able to leverage leadership acumen to influence change, create buy-in, prioritize, delegate, and foster cohesive teams. Wellbeing is not often viewed as a leadership acumen, but in this webinar we will speak to the intrinsic protective value of wellbeing. Are you ready to display your super power ?

December 19, 2024
2- 3 PM ET

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*This nursing continuing professional development activity has been submitted to the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.